

BRAINSPOTTING CONSULTATION & SUPPORT GROUPS

Military/First Responder -OR- Children/Adolescent Groups

Contact Jennifer Alexander at 530-391-9918 or jenniferalexanderlmft@gmail.com

Sacramento Brainspotting Free Peer Monthly Support Group:

Contact Nikki Maxwell at 916-628-7203 or SafelyEmpowered@gmail.com.

Monthly No-Fee Group Consultation Sessions:

Contact Greg Carlsson at 626-399-1966 or gregcarlsson@sbcglobal.net.

Central Valley Brainspotting Consultation Group:

Meets the 3rd Friday of the month from 12-1pm. No cost to attend. Contact www.counselingfresno.org, patty@counselingfresno.org.

Monthly Brainspotting Round Table:

Thad Frye and Jessica Kilka host this once a month meeting for beginning (just completed Phase 1) Brainspotters to ask questions and celebrate victories. Meetings occur from 9-10am MT, but the day changes each month. Get added to the email list by emailing thadfrye@gmail.com.

Brainspotting with Emotionally Focused Couples Therapy (BSP+EFT) -OR- Neurodiversity Affirmative Brainspotting (NDABSP)

Register for either here: <http://eepurl.com/hhyA21>

Embodied Learning Circles:



Benefits of BELC:

- * Build confidence in BSP
- * Attune with ease to clients
- * Learn BSP in nurturing and inclusive environment
- * Open to all levels

Programs:

- * Phase 1, Phase 2, Phase 3, and Phase 4 check-ins
- * Special guests
- * Specialty topics

Brainspotting Embodied Learning Circles
www.NancyTung.com

Together we heal, together we build healing communities.

